

19 , 400m 11
17.12.2025

1	,	10	4:20.00
2	,	10	4:20.00
3	,	10	4:24.00
4	,	10	4:25.50
5	,	12	4:30.00
6	,	10	4:37.00
7	,	11	4:38.00
8	,	11 "	4:40.00
9	,	12 "	4:45.00
10	,	11	4:45.00
11	,	11 -1	4:50.00
12	,	11 "	4:50.00
13	,	10	4:50.00
14	,	11	4:50.00
15	,	12	4:51.80
16	,	11 "	4:55.00
17	,	13	4:55.00
18	,	11 "	4:58.00
19	,	11 - 3	5:00.00
20	,	14 "	5:05.00
21	,	11 -2	5:10.00
22	,	09	5:10.00
23	,	10	5:11.00
24	,	12	5:12.00
25	,	14 - 3	5:20.00
26	,	13	5:20.00
27	,	13 -1	5:24.00
28	,	11 "	5:25.00
29	,	13	5:26.30
30	,	11	5:30.00
31	,	14 -1	5:35.00
32	,	14 -1	5:35.00
33	,	14 -2	5:40.00
34	,	14	5:40.00
35	,	12	5:40.00
36	,	10	5:41.00
37	,	13	5:42.27
38	,	10 "	5:44.60
39	,	13 -2	5:45.00
40	,	13 -2	5:45.00
41	,	11	5:50.00
42	,	14 -2	5:50.00
43	,	14 -2	5:52.00
44	,	14 -2	5:55.00
45	,	13 -2	6:00.00
46	,	14 -2	6:00.00
47	,	14 "	6:00.00
48	,	14 -2	6:05.00
49	,	12	6:09.00
50	,	13	6:15.00

19, , 400m

51	,	14		6:15.00
52	,	14		6:15.00
53	,	14	-2	6:15.00
54	,	14	-2	6:18.00
55	,	13		6:20.00
56	,	12		6:20.00
57	,	13	-2	6:23.00
58	,	14	" "	6:35.00